



BOYS & GIRLS CLUB of CAPE COD, INC.

Kraft Family Club House

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Dear Friends of Cape Cod Children & the Boys & Girls Club of Cape Cod,

There is one gift you make this year that will actually change lives.

- He was only 6 and flunking first grade. Today he is in 3rd grade and helping his fellow classmates complete their homework. Our education program and tutoring made the difference.
- He was a nervous and broken 10 year old with a dad in prison, living with his grandmother – and he was afraid that he was becoming like his father - skipping out on sports and school to go smoke weed and drink alcohol in the woods. A mentor who listened, and who encouraged him, helped him get involved in healthy activities and turn it around.
- He was quiet and overweight as a child. He was bullied and never picked to be on anyone's team. By the time he was a teen, with support from our gym director, he was playing 3 varsity sports and was a leader in his class.
- She was a single parent struggling to make ends meet, but thanks to having her kids at the Boys & Girls Club's affordable program, she was able to work to support them - and even accept a promotion at her work place.

All of these stories, and so many more like them, are only possible because someone like you stepped up and made a gift to support the Boys & Girls Club of Cape Cod and our 963 Cape Cod children and teens.

Because we are not a government program, we have to raise the funds to support these kids from scratch every year – which is why YOU - and the gift you make to our children today - are so important.

Is it worth it? You tell us.

In an area where opioid addiction is epidemic, our kids find a safe, substance free place with adults who care and mentor them every day, using tested programs and strategies.

We even have the data to show that the impact you have on the youth in the Boys & Girls Club is huge. Using Youth Risk Behavior Survey data we can tell you that they are doing better than similar youth not in a Boys & Girls Club at both the state and national level on every indicator – from abstention from drinking and using marijuana to abstention from sex and prescription drugs. That is real impact. And you make it possible.

Please be generous and make your gift today. Those kids are depending on all of us. Thank you.

Sincerely,

Jim Kiley

Jim Kiley, President of the Boys & Girls Club



P.S. Don't forget to make your donation before January 1st so you can claim a tax deduction on this year's taxes! It's good for you, but even better for our 963 kids. And don't forget that a gift of \$1,000 or more puts a plaque with a name of your choice on our "Friends Wall" at the Club permanently - and that's a great way to honor a loved one, or to remember someone who is no longer with you, this holiday season. But no matter whether your gift is \$10 - or \$10,000 – you will be making a HUGE difference for so many young people!

Thank you!!!!

ACADEMIC SUCCESS: Boys & Girls Club of Cape Cod

The Need: Only 85% of MA students graduate on time.

What We Do: Homework Help & Free Individual Tutoring, STEM, Literacy, College, Job Skills & Mentoring Programs.

Our Impact: Education and STEM programs help kids develop good study habits and spark their interest in science and math. 97% of our Club kids are on track to move to the next grade.

GOOD CHARACTER & CITIZENSHIP: BGC of Cape Cod

The Need: 28% of U.S. youth ages 12 to 18 are bullied at school.

What We Do: Character & Leadership Programs, Lessons in Manners, Teamwork & Sportsmanship; Volunteer Opportunities for kids at the Club and in the Community.

Our Impact: 92% of our kids say they feel safer here than elsewhere; 83% of our kids volunteer.

HEALTHY LIFESTYLES: Boys & Girls Club of Cape Cod

The Need: 16% of MA kids are obese; 4 people die from overdoses in MA every day & it is a public health crisis on Cape.

What We Do: Daily fitness programs, Sports, Healthy Life Style, Alcohol and Drug Prevention, and Nutrition & Cooking Programs

Our Impact: 89% of Boys & Girls Club of Cape Cod (BGCCC) teens abstained from alcohol, compared to 66% in MA as a whole; 97% of BGCCC kids abstained from binge drinking; 94% of BGCCC kids abstained from marijuana use compared to 78% in MA; 96% of our BGCCC kids engage in physical activity 1 day/week & 56% 3/week.

Our Reach and Scope

About the Youth We Serve:

Total Registered Members

963

56% Youngsters in Grades 1-5

39% Youth in Grades 6-8

15% Teens in Grades 9-12

60% Caucasian

40% Minority

53% Male

47% Female

40% Live in a Single Parent Home

23% Live on \$20,000 a Year or Less

Registered Members that Qualify for Free and Reduced Lunch

67%

Annual Number of Meals/Snacks Served at No Cost to Members

2,735 Meals

11,927 Snacks

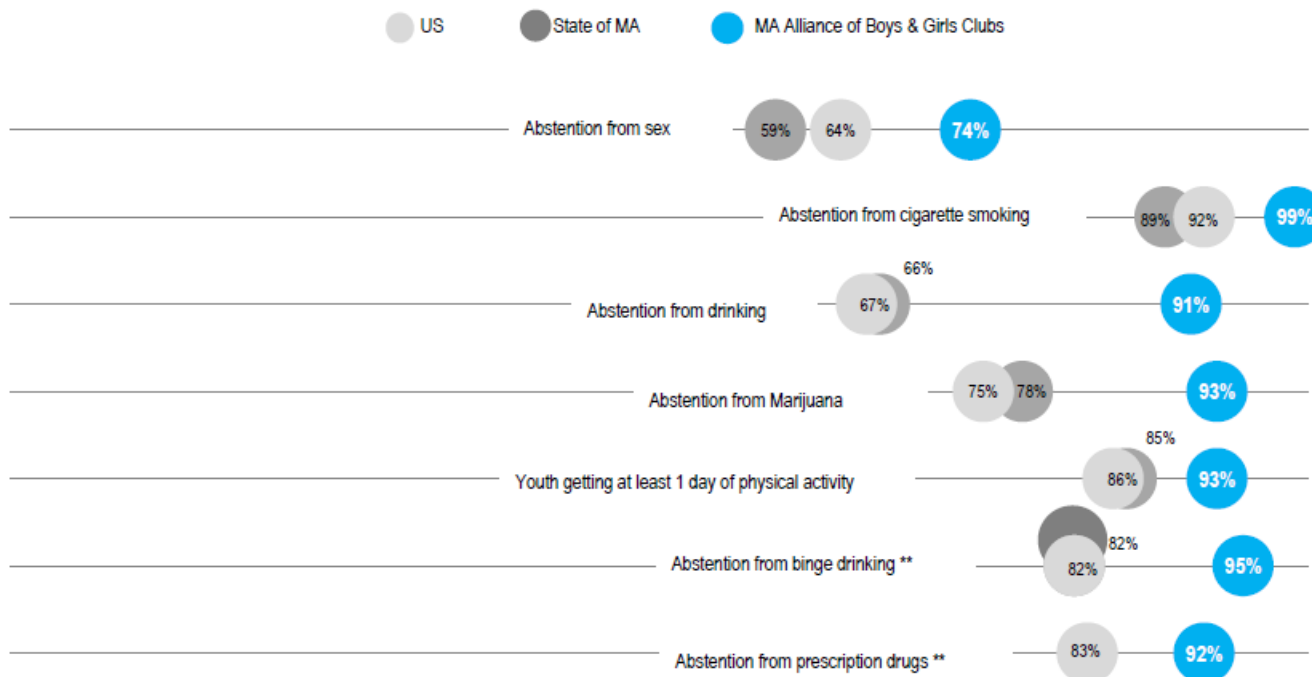


BOYS & GIRLS CLUBS
OF MASSACHUSETTS

How Massachusetts Boys & Girls Clubs Measure Up

The chart below provides an overview of Massachusetts Alliance Club survey outcomes, in comparison to The Centers for Disease Control's National Youth Risk Behavior Survey (YRBS) at the state and national level (when available).

Each spring, MA Clubs gather outcomes data using a common tool which captures research informed indicators for its priority outcomes areas. Some questions match those in the YRBS, opening an opportunity for true apples-to-apples comparison. In 2016, 34 Clubs administered this tool to their teens (see below for full list of participating Clubs). 19 of these 34 Clubs administered additional YRBS questions to 9-12th graders, marked below with a (**), providing a smaller but still compelling data set.



Arlington, West End House (Allston-Brighton) *, Assabet Valley, Berkshires, Boston, Brockton, Cape Cod *, Chicopee, Dorchester, Webster-Dudley *, Salesian (East Boston), Fall River, Holyoke *, Fitchburg & Leominster *, Lawrence *, Greater Lowell *, Lower Merrimack Valley *, Ludlow *, Lynn *, MetroWest (Marlborough/Framingham) *, Nantucket, New Bedford, Newton *, Salem*, Somerville & Medford *, Springfield, Stoneham/Wakefield *, Taunton *, Waltham *, Watertown *, Westfield, West Springfield, Woburn *, Worcester *