

Boys & Girls Club of Cape Cod Serving Barnstable County Children & Teens, Ages 6-18.



**BOYS & GIRLS CLUB
OF CAPE COD**

*More than 1,398 youth served through membership and community outreach at 2 Sites.
963 Registered Members; 435 other youth served.*

Our Mission

To provide a safe place to inspire and enable all young people on Cape Cod to realize their full potential as productive, responsible, and caring citizens.

The Boys & Girls Club of Cape Cod provides a safe place to learn and to grow through ongoing relationships with caring adult professionals and life-enhancing programs and character development experiences that foster hope and opportunity.

Our Vision

To provide a world-class Club Experience that assures success is within reach of every young person who enters our doors, with all members on track to graduate from high school with a plan for the future, demonstrating good character and citizenship, and living a healthy lifestyle. Our fees are kept low to ensure access for all kids. Afterschool fees are \$100/year & Teens just \$10.

Why We Care

- ❖ 1 in 5 kids won't graduate on time¹
- ❖ Juvenile crime escalates between 3:00 to 7:00 p.m.²
- ❖ 3 out of 10 children are obese or overweight³
- ❖ 1 out of 5 young people lives in poverty⁴

Our Reach and Scope

About the Youth We Serve:

Total Registered Members

963

56% Youngsters in Grades 1-5

39% Youth in Grades 6-8

15% Teens in Grades 9-12

60% Caucasian

40% Minority

53% Male

47% Female

40% Live in a Single Parent Home

23% Live on \$20,000 a Year or Less

Registered Members that Qualify for Free and Reduced Lunch

67%

Annual Number of Meals/Snacks Served at No Cost to Members

2,735 Meals

11,927 Snacks



¹ Editorial Projects in Education Research Center, "Diplomas Count 2014 – Motivation Matters: Engaging Students, Creating Learners," Education Week, Vol. 33, Issue 34 (June 5, 2014), www.edweek.org/go/dc14.

² OJJDP Statistical Briefing Book (Link: <http://www.ojjdp.gov/ojstatbb/offenders/qa03401.asp?qaDate=2008>). Released on December 21, 2010.

³ Ogden, C.I., Carroll, M.D., Curtin, L.R., et. Alt. Prevalence of High Body Mass Index in US Children and Adolescents, 2007-2008. Journal of the American Medical Association. (2010). 303(3): 242-249.

⁴ DeNavas-Walt, C. & B.D. Proctor. (2014). Income and Poverty in the United States: 2013. U.S. Census Bureau.

Demonstrating Our Positive Impact

The Five Key Elements of Positive Youth Development are the foundation of Club Culture

- ❖ A safe and positive environment
- ❖ Fun-filled
- ❖ High expectations
- ❖ Recognition
- ❖ Supportive relationships & caring adults

In Their Own Words

- ❖ "Being in the Club for just one night changed my life.. I realized I did not have to do drugs or get in trouble to have fun."
- ❖ "I grew up here. It has been one of the most positive influences in my life."
- ❖ "I went (to the Club) to get away from problems in my home life and to get support from the staff"
- ❖ "The Club lets me relax and just have fun. It is one of the few places where I feel I am safe in the community."

2015 BGCA Alumni & Youth Outcome Surveys: Key Findings

- ❖ 28% of our Alums in a national survey say that they would have dropped out of school if not for the Boys & Girls Club.
- ❖ 74% say the Club kept them out of trouble with drugs, alcohol & the law.
- ❖ 7% Club members in CT were chronically truant, compared to 11% of nonmembers.
- ❖ 83% teens who took part in our career or college prep programs told us that they had applied to a post grad school compared to just 66% of teens who did not take part in these programs.
- ❖ The Club gave alumni a strong sense of civic engagement and responsibility.

Operating Income

Total Operating Budget 2016: \$782,895

27% Grants; 24% Special Events; 23% Summer Camp Income; 15% Individual Contributions; 6% Membership & Program Fees; 3% Government Grants; 2% Rental & Misc. **Nationally, the Return on Investment for every \$1 is \$9.6, That's \$7,515,792 in local economic impact annually!**

Boys & Girls Club Programs

ACADEMIC SUCCESS:

The Need: Only 85% of MA students graduate on time.

What We Do: Homework Help & Free Individual Tutoring, STEM, Literacy, College, Job Skills & Mentoring Programs.

Our Impact: Education and STEM programs help kids develop good study habits and spark their interest in science and math. 97% of our Club kids are on Grade level.

GOOD CHARACTER & CITIZENSHIP:

The Need: 28% of U.S. youth ages 12 to 18 are bullied at school.

What We Do: Character & Leadership Programs, Lessons in Manners, Teamwork & Sportsmanship; Volunteer Opportunities for kids at the Club and in the Community.

Our Impact: 92% of our kids say they feel safer here than elsewhere; 83% of our kids volunteer 1 time or more/year & 58% 1 time or more/month.

HEALTHY LIFESTYLES:

The Need: 16% of MA kids are obese; 4 people die from overdoses in MA every day & it is a public health crisis on Cape.

What We Do: Daily fitness programs, Sports, Healthy Life Style, Alcohol and Drug Prevention, and Nutrition & Cooking Programs

Our Impact: 89% of our teens abstained from alcohol, compared to 64% in MA as a whole; 97% abstained from binge drinking; 94% abstained from marijuana use compared to 75% in MA; 96% of our kids engage in physical activity 1 day/week & 56% 3/week.



For more information, please contact
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How You Can Help
With your generous support, we will create opportunities to help more kids and teens achieve great futures. To donate now visit:
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